

# Michelle Joyce



## Workshops Perth July 25 & 26 2009

Michelle started bellydancing under the instruction of Sema Yildiz while living in Turkey. Now based in San Francisco, Michelle has been a regular visitor to Queensland since 1999. She has taught and performed worldwide and heads up Cheeky Girl Productions.

We welcome her first Perth visit where she will combine her experience as a dance teacher, personal trainer and a masters in counselling to present exciting workshops for all dancers to enjoy. If you haven't seen Michelle in action yet, make sure you check out her profile at

[www.arabicedance.net](http://www.arabicedance.net)

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**Saturday, July 25**  
**Studio 44, U2, 44 Rigali Way, Wangara**

### 10.00am-12.30pm: Shimmies, Isolations & Drum Solo

*Shimmies, belly rolls, hip locks, chest isolations - drill the moves, then layer them into a drum choreography. \$50, 2.5hrs (int-adv)*

### 1.30pm-3.30pm: Finger Cymbals (beyond beginners)

*Technique to get you comfortable dancing with finger cymbals. Learn dozens of patterns, put them together with dance combinations with an emphasis on smooth transitions. \$40, 2hrs BYO zills*

### 4.00pm-6.30pm: Stage Presence (beyond beginners)

*Revamp your performance skills! Good technique is vital but is only half the story. Connect with your audience with tricks to set you and/or your troupe apart. Explore methods of adding polish and professionalism to your dance and the dynamics of a stage show. Includes covering issues of nervousness, stage fright, improvisation and accident recovery. \$50, 2.5hrs*

**Sunday, July 26**

**King Street Arts Centre, King Street, Perth**

### 10.00am-1.00pm: American Pop Cabaret Choreography

*American style, pop cabaret, emphasising unexpected directional changes, travelling and sharp isolations. Explore the dynamics of a successful cabaret routine with this fast and sassy choreography. \$60, 3hrs (int)*


### 2.00pm-4.00pm: Master Class for Instructors

*Suitable for those already teaching, aspiring teachers and troupe leaders. Utilising her Masters Degree in Counselling, Michelle will cover different learning methods and psychology behind class dynamics. Methods for breaking down and drilling movements, muscle memory and breaking bad habits, as well as motivating and inspiring students, movement safety and how to prepare students for performing. \$50, 2hrs (tchrs, aspiring tchrs, troupe ldrs)*

*Book 3+ workshops receive a 5% discount*

*Book all 5 workshops receive a 10% discount*

*Payment due in full before July 22 to receive discounts*

SharifWear Australia  See the latest Sharifwear fashions on display at the workshops

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## Booking Form: Michelle Joyce Workshops Perth 2009 July 25 & 26

- |                                                                  |      |
|------------------------------------------------------------------|------|
| <input type="checkbox"/> WS1: Shimmies, Isolations & Drum Solo   | \$50 |
| <input type="checkbox"/> WS2: Finger Cymbals *BYO finger cymbals | \$40 |
| <input type="checkbox"/> WS3: Stage Presence                     | \$50 |
| <input type="checkbox"/> WS4: American Pop Cabaret               | \$60 |
| <input type="checkbox"/> WS5: Master Class for Instructors       | \$50 |

Total Booking Cost \$ \_\_\_\_\_

Less 5% Discount for booking 3 or more \$ \_\_\_\_\_

Or Less 10% Discount for booking all 5 \$ \_\_\_\_\_

**Total Payment** \$ \_\_\_\_\_

*Note: Michelle will have DVD's for sale (cash only) at the workshops*

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Payment Options:

**Direct Deposit to:** Bellydance WA,  
Westpac BSB: 036-080, A/C no 206125, include reference MJ and your surname as above

**Cheque or Money Order Payable to:** Bellydance WA  
Post to: PO Box 270, Greenwood WA 6924

**Credit Card: Visa or Mastercard only**

Name on card \_\_\_\_\_

Card No \_\_\_\_\_

Expiry Date \_\_\_\_\_